

Programmanr. 4
30-9-2017 - 13:46

Herren, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	David Kuipers	Orca	4:03.94	200003633	734
	50m: 27.35	27.35	150m:	250m:	350m:
	100m: 57.08	29.73	200m: 1:58.96	300m:	400m: 4:04.00
2.	Karst Boersma	De Dinkel	4:01.58	199600849	709
	50m: 27.12	27.12	150m:	250m:	350m:
	100m: 57.45	30.33	200m: 1:59.50	300m:	400m: 4:06.75
3.	Niels van Eck	ZPC Hoogeveen	4:13.65	198900793	670
	50m: 27.79	27.79	150m:	250m:	350m:
	100m: 57.97	30.18	200m: 2:01.47	300m:	400m: 4:11.51
4.	Koen Brummelaar	De Dinkel	4:10.16	199900047	605
	50m: 29.51	29.51	150m:	250m:	350m:
	100m: 1:01.78	32.27	200m: 2:07.84	300m:	400m: 4:20.25
5.	Thomas Kappe	ZPC Hoogeveen	4:20.67	199805141	604
	50m: 28.96	28.96	150m:	250m:	350m:
	100m: 1:01.41	32.45	200m: 2:08.75	300m:	400m: 4:20.31
6.	Erwin Heinsius	ZPC Hoogeveen	4:21.10	199900695	584
	50m: 29.06	29.06	150m:	250m:	350m:
	100m: 1:01.87	32.81	200m: 2:09.26	300m:	400m: 4:23.23
7.	Auke Jan Ytsma	Orca	4:25.62	199900905	523
	50m: 29.61	29.61	150m:	250m:	350m:
	100m: 1:03.40	33.79	200m: 2:13.86	300m:	400m: 4:33.14
8.	Bart Weiland	Orca	4:28.78	199700777	514
	50m: 29.77	29.77	150m:	250m:	350m:
	100m: 1:03.64	33.87	200m: 2:13.03	300m:	400m: 4:34.69