

Programmanr. 16
30-9-2017 - 15:01

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Sterre Mooiweer	De Dinkel	4:25.76	199800236	704
	50m: 30.68	30.68	150m:	250m:	350m:
	100m: 1:03.56	32.88	200m: 2:11.31	300m:	400m: 4:27.93
2.	Alinda Dingshoff	ZPC Hoogeveen	4:28.53	200000928	659
	50m: 31.21	31.21	150m:	250m:	350m:
	100m: 1:04.34	33.13	200m: 2:11.93	300m:	400m: 4:33.94
3.	Lize Janna de Vries	Orca	4:37.70	200101948	659
	50m: 31.34	31.34	150m:	250m:	350m:
	100m: 1:05.78	34.44	200m: 2:15.48	300m:	400m: 4:33.94
4.	Josien Wijkhuijs	Orca	4:31.18	199902866	644
	50m: 30.69	30.69	150m:	250m:	350m:
	100m: 1:04.79	34.10	200m: 2:14.70	300m:	400m: 4:36.10
5.	Laura Rolink	De Dinkel	4:36.89	199902018	611
	50m: 30.68	30.68	150m:	250m:	350m:
	100m: 1:05.02	34.34	200m: 2:16.47	300m:	400m: 4:40.97
6.	Danieke van der Kooi	Orca	4:33.27	200000552	596
	50m: 31.74	31.74	150m:	250m:	350m:
	100m: 1:07.04	35.30	200m: 2:18.21	300m:	400m: 4:43.30
7.	Kyra Wooldrik	ZPC Hoogeveen	4:44.99	200101042	582
	50m: 31.78	31.78	150m:	250m:	350m:
	100m: 1:06.77	34.99	200m: 2:19.37	300m:	400m: 4:45.52
8.	Anouk Knippers	De Dinkel	4:40.29	199700602	506
	50m: 32.60	32.60	150m:	250m:	350m:
	100m: 1:08.62	36.02	200m: 2:23.91	300m:	400m: 4:59.10
9.	Rosalie Baarda	Orca	5:03.22	199903460	420
	50m: 34.50	34.50	150m:	250m:	350m:
	100m: 1:13.35	38.85	200m: 2:34.14	300m:	400m: 5:18.30